



# TERM 1 - 2026 WHOLE SCHOOL CAFFETERIA MENU

## COLD FOOD

LUNCH BOX	9		
cheese sandwich, berry yoghurt, fresh baked choc chip cookie and juice (orange or apple) (V) - Add roast chicken or ham \$1.50			
MEC HOUSE SALAD	6		
with lettuce, tomato, cucumbers, capsicum, red onion, carrot and venegrette (V/Vegan/DF/GF) - Add roast chicken \$1.50 - Add bacon \$1 - Add egg \$1			
SALAD ROLL	5		
wholemeal bun with shredded lettuce, capsicum, cucumber, carrot, avocado, tomato, red onion and mayonnaise (V/DF) - Add roast chicken or ham \$1.50 - Add cheese \$1			
SNACK BOX	5		
corn chips, salsa, tasty cheese, ham, cucumber and carrot sticks (GF)			
FRUIT SALAD	4		
mix of seasonal fruit (V/Vegan/DF/GF)			
NATURAL YOGHURT	3		
with mixed berry swirl (V)			
HOUSE MADE MUESLI	3		
with yoghurt and mixed berry swirl (V)			
SUSHI - WEDNESDAY ONLY	7		
2 rolls, house made fresh (GF/DF) • Teriyaki chicken, cucumber and mayonnaise • Carrot, cucumber, avocado and capsicum (V/Vegan) • Mixed maki rolls of the above flavours topped with mayo, pickled ginger, crispy onions and sesame seeds			
POKE BOWL RICE NOODLE SALAD	7		
in a ginger and coriander dressing, edamame beans, pickled red onion, sesame cucumbers, tomato, coriander leaves, pickled ginger, crispy fried onions and sesame seeds, and avocado (V/Vegan/GF/DF) - Add roast chicken or ham \$1.50			
			
TOASTIES - WHOLEMEAL BREAD	2.5		
With your choice of...			
• Chicken or ham \$1.50 • Cheese add \$1 • Tomato add \$1 • Gluten Free Bread add \$1.5 • Vegan/Dairy Free Cheese add \$1.5			

## HOT FOOD

CHICKEN BURGER	6		
house southern spice battered thigh fillet with tasty cheese, lettuce and mayonnaise on a burger bun			
BOTTLED WATER 600ML	1.5		
FLAVOURED MILK 250ML	3		
Chocolate or Strawberry			
FRUIT JUICE 250ML	3		
Apple, Orange or Apple and Blackcurrant			

## DRINKS

V = VEGETARIAN | GF = GLUTEN FREE | DF = DAIRY FREE  
If ordering via the QKR app, please place order by 8.30am