



TERM 2 WHOLE SCHOOL CANTEEN MENU



COLD FOOD

ROAST PUMPKIN, BEETROOT & FETTA SALAD 6
with lentils, baby spinach, toasted pumpkin seeds and olive oil, cranberry dressing (VIGF)
- Add roast chicken or ham \$1.50

SALAD ROLL 4
Wholemeal bun with shredded lettuce, avocado, carrot, capsicum, cucumber, tomato, and mayonnaise (V/DF)
- Add roast chicken or ham \$1.50

PLOUGHMAN'S GRAZING BOX 5
Ham, salsa dip, carrot, cucumber, tasty cheese and corn chips (GF)

FRUIT SALAD 3.5
Watermelon, pineapple, rockmelon, mango, grapes (GF/DF/V)

GREEK YOGHURT 3
with passionfruit swirl or a mixed berry swirl (GF/V)

HOUSE TOASTED MUESLI 3
with oats, pumpkin and sunflower seeds, cinnamon and honey, layered with Greek yoghurt, Blueberry and passionfruit (V)

HOT FOOD

SHELL SHAPE PASTA & ROASTED PUMPKIN 4.5
with baby spinach, breadcrumb and pumpkin seeds (DF/V/Vegan)
- Add roast chicken \$1.50

BUTTER CHICKEN & RICE 6
Fragrant and mild spiced creamy butter chicken and rice with Greek yoghurt (GF)

BIG MEC BEEF BURGER 5
with house made, MEC burger sauce, cheese, lettuce and tomato in a wholemeal roll

CHICKEN & CHEESE BURGER 5
with lettuce, tomato, and mayonnaise in a wholemeal roll

FRIED RICE 4
with mixed vegetables, egg, and a savoury sesame and soy sauce (GF/DF/V)
- Add roast chicken \$1.50

BURRITO BOWL 6
with Mexican beef and beans, rice, tomato and corn salsa, guacamole and sour cream (GF)

CHICKEN TOASTED FOCACCIA 6
with cheese, avocado and mayonnaise

HAM TOASTED FOCACCIA 6
with cheese, baby spinach and mayonnaise

PUMPKIN SOUP 5
with a dinner roll (V)

TOASTIES 2.5
With your choice of...
- Chicken add \$1.50
- Ham add \$1.50
- Cheese add \$0.50
- Tomato add \$0.50

BANANA CINNAMON PIKELETS 3
with maple bananas (GF/DF/V)

DRINKS

BOTTLED WATER 1.5
600ml

FLAVOURED MILK 2.5
Chocolate or Strawberry 250ml

FRUIT JUICE 2
Apple, Orange or Apple and Blackcurrent 200ml

FRESH FRUIT SMOOTHIE 4
Selection of berries, mango, pineapple, yoghurt and honey (Available for Years 7-12 students only)

V = VEGETARIAN | GF = GLUTEN FREE | DF = DAIRY FREE

If ordering via the QKR app, please place order by 8.30am